



GRAND LA MAISON SPA

WELLNESS & THERAPY



## SERVICE MENU

**EXCEPTIONAL EXPERIENCE**  
FOR  
**EXCEPTIONAL BEAUTY**

Opening hours:

Daily from 10.00 - 22.00

Last appointment at 21.00 & maximum for 90 minutes

For PRE-BOOKING, please contact +84 24 3275 0000

For any FEEDBACK, please contact Hotline +84 91 295 99 06

If you are in-house customer, please contact Hotel Reception at number  
"0" or La Maison Spa at number "110" for further assistant



BODY RELAXING

<b>VIETNAMESE TRADITIONAL MASSAGE</b>	<b>60'</b>	<b>850</b>
Relaxing with grapefruit essential oil reduces stress and fatigue created by daily work pressure.	<b>90'</b>	<b>1,257</b>
	<b>120'</b>	<b>1,679</b>


<b>SWEDISH MASSAGE</b>	<b>60'</b>	<b>783</b>
Gentle massage with essential oils, relaxing force based on Western concepts of anatomy and physiology.	<b>90'</b>	<b>1,133</b>
	<b>120'</b>	<b>1,571</b>

<b>HOT STONE MASSAGE</b>	<b>75'</b>	<b>1,087</b>
A type of relaxing massage by moving hot basalt stones over the body, relieving muscle tension, helping to improve blood circulation, calming the nervous system and recharging the body.	<b>90'</b>	<b>1,308</b>
	<b>120'</b>	<b>1,720</b>

<b>THAI TRADITIONAL MASSAGE</b>	<b>60'</b>	<b>1,123</b>
This is an oil-free massage in the traditional Thai style, for those who like a strong massage. Therapist uses hands, feet, knees, elbows to perform movements similar to stretching in yoga such as walking on the back, pressing, bending, acupressure.	<b>90'</b>	<b>1,329</b>
	<b>120'</b>	<b>1,869</b>

<b>SPORT MASSAGE</b>	<b>75'</b>	<b>1,087</b>
Sport massage is an intensive massage, pain treatment, strong impact on the muscle area, for people who do sports and those who like strong force.	<b>90'</b>	<b>1,308</b>
	<b>120'</b>	<b>1,720</b>

<b>MAISON SPECIAL MASSAGE</b> 	<b>75'</b>	<b>1,195</b>
A special massage of La Maison Spa, which is a combination of many massage styles. You will be able to choose your favorite relaxing essential oil scents to perform on your body.	<b>90'</b>	<b>1,360</b>
	<b>120'</b>	<b>1,869</b>

<b>FOUR HANDS MASSAGE</b> 	<b>60'</b>	<b>1,560</b>
Feel every stress melt away as two skilled therapists work in perfect harmony, their four hands moving in synchronized flow to soothe your body and calm your mind. The doubled touch creates a unique sensation of deep relaxation, leaving you refreshed, balanced, and completely renewed. This is the massage you never knew you needed – until now.	<b>75'</b>	<b>1,945</b>
	<b>90'</b>	<b>2,340</b>

**Special Note: Perfect for when you want to experience ultimate relaxation in the shortest time.**



Time unit is in minute. Price unit is in VND  
Prices are quoted to 5% service charge & Government tax  
Additional charge of 15% in National Holiday & Tet Festival





# SPECIAL BAMBOO MASSAGE



75' 1,360	90' 1,530	120' 1,983
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- ☒ Natural detoxification & weight loss.
- ☒ Releases tension in larger muscles through intensive kneading.
- ☒ To soothe and relieve the discomfort of heavy and tired legs for office staffs.
- ☒ Increase flexibility.
- ☒ Rehabilitation for injuries.

<b>SIGNATURE BAMBOO THERAPY</b>	<b>140' – 2,379</b>
<b>Including:</b>	
Herb steam bath.....	30'
Bamboo massage.....	75'
Body scrub with salt.....	35'

# SPECIAL HERBAL MASSAGE

75' 1,473	90' 1,643	120' 2,096
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- ☒ Reduce joint & muscle pain.
- ☒ Increase circulation & lymphatic flow.
- ☒ Speed recovery from sports activities.
- ☒ Ease tension & muscle cramps.
- ☒ Reduce swelling & inflammation.
- ☒ Increase flexibility, lengthen taut muscles.
- ☒ Detoxify; warms & aids the digestive system.

<b>HERBAL SPECIAL THERAPY</b>	<b>165' – 2,832</b>
<b>Including:</b>	
Herb steam bath.....	30'
Herbal massage.....	75'
Five-flower face.....	60'

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# LA MAISON COLLECTION



**VIETNAMESE TOUCH**

125' – 1,571

Detoxify skin with herbal combined with traditional body care and basic facial care.

**Including:**

Steam bath	20'	Traditional Vietnamese body massage	60'
Basic facial care	45'		

**RELAXING PACKAGE**

135' – 1,633

Using hands to gently glide over the body with the scent of Lavender will help the small molecules to enter the pores, combined with gentle facial care to bring about many relaxation effects.

**Including:**

Facial care	45'	Swedish massage	90'
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**GINGER**

135' – 1,839

If your body is cold, tired, and accumulates many toxins, fresh ginger will be a very good therapeutic solution to warm the body, eliminate toxins from the inside to help the body recover.

**Including:**

Steam bath	20'	Vietnamese body massage with ginger oil	60'
Foot covering by Paraffin	15'	Body scrub & warm up with ginger	40'

**LA MAISON SIGNATURE** 

165' – 2,328

A special treatment experience at “La Maison Spa” with acupressure, compression, relaxation and the choice of essential oil scents when having a full body massage.

**Including:**

Steam bath	20'	Maison special massage	75'
Facial care	40'	Body scrub with Himalaya salt	30'

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## COCONUT PRE-SUN

175' – 2,467

Let's go with La Maison to the blue beach, white sand and golden sunshine to have an interesting experience with coconuts. Coconut is a great product, safe, perfect care for your skin.

### Including:

Steam bath.....	20'	Vietnamese body massage with coconut oil.....	60'
Facial care with coconut.....	50'	Body scrub with coconut.....	25'

## DEEP TISSUE PACKAGE

180' – 2,307

An intensive massage method, treating pain and fatigue, having a strong impact on muscles to quickly reduce fatigue. Combine relaxing muscle tissue massage, foot reflexology and exfoliation with coffee, orange and honey.

### Including:

Foot acupressure.....	45'	Deep tissue massage.....	90'
Body scrub.....	45'		

## TRAVEL PACKAGE

190' – 2,678

Travel around the world with a journey to discover traditional Vietnamese massage. Next is India, where basalt hot stone massage originates. Then going to Israel, taking care of skin with Dead Sea salt and to Greece, the ancient Roman region where the steam bath originated. The last stop is a facial care at La Maison Spa.

### Including:

Steam bath.....	20'	Vietnamese traditional body massage.....	60'
Body scrub with sea salt.....	35'	Facial care with coconut.....	45'
Hot stone foot massage.....	30'		

## SWEET LOVE (COUPLE)

230' – 5,408

The place to start sweet feelings for a beautiful love.  
(Service for couples, book in advance for room decor)

### Including:

Maison Signature.....	75'	Foot covering by Paraffin.....	15'
Facial care with collagen.....	75'	Body massage with Himalaya scrub.....	35'
Foot massage.....	30'		

## LUXURY LA MAISON

235' – 3,116

The best experiences with high-class and perfect service at La Maison Spa.

### Including:

Steam bath.....	20'	Foot reflexology.....	45'
Body scrub.....	35'	Facial care with collagen.....	75'
Vietnamese body massage.....	60'		

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## BODY SCRUB & WRAP

### BODY SCRUB

35' – 675

With Coffee & Honey or Himalaya Salt

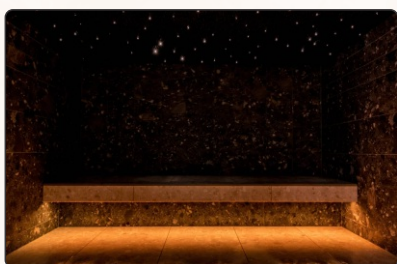
The method of exfoliating the whole body with fine particles of natural origin, a comprehensive body care treatment to own a smooth and healthy skin.

### BODY WRAP

35' – 736

With Dead-Sea Mud

Comprehensive body skin care therapy to own smooth, healthy body skin, support to reduce body measurements, eliminate toxins.



## RELAXATION SERVICE

### STEAM BATH

Steam with essential oils to detox, refresh and stimulate circulation.

30' - 448

45' - 520

## HEAD SERVICE

### INDIAN BACK, NECK & SHOULDER MASSAGE

Based on the ancient life discipline of Ayurveda, is a powerful holistic therapy which involves massaging of the neck, back and shoulder.

30' - 521

45' - 685



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## FOOT TREATMENT



### FOOT REFLEXOLOGY

45' - 521

Massage affects blood vessels, muscles and nerves, acupressure points under the feet.

### HOT STONE FOOT MASSAGE

60' - 685

#### Including:

Foot Massage..... 40'

Basalt hot stone massage..... 20'

### FOOT MUD COVERING

77' - 870

#### Including:

Foot Scrub..... 15'

Foot Massage..... 45'

Foot covering by Parafin..... 15'



## FACIAL CARE

### BASIC FACIAL CARE

45' – 657

Clean and remove dead cells, acne hidden deep under the skin, combination with a natural, safe and benign fruit mask for the skin.

### AGE REPAIR SKIN CARE

60' – 929

Intensive facial care, clean skin and hidden acne. Massage to improve skin firmness and apply a lifting mask.

### SENSITIVE SKIN CARE

60' – 986

Cleanse face skin, remove dead cells and dirt, care for skin from deep within with natural products.

### COLLAGEN THERAPY

75' – 1,144

An antioxidant-rich mask made from original collagen fibers. Collagen helps skin firm and elastic, reduces pigmentation, brightens skin tone, as well as reduces wrinkles.



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WELLNESS & THERAPY

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